

Health Info to know with Dr. Joe

*Expert advice with Head and Neck surgeon and
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*Dr. Parell is board certified in Otolaryngology and
board certified in Facial Plastic Surgery.*

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Q: I have a bump in my nose, and I've been thinking about having plastic surgery to fix it. What does the procedure involve, and what results can I expect?

A: Rhinoplasties are the most technically difficult of all facial plastic procedures to perform, so it is important to choose a physician with significant experience and training. The surgery, which is typically an outpatient procedure, requires sedation or general anesthesia. Most rhinoplasties take about an hour and a half to perform, and recovery time is around two weeks. During this time, the patient will experience some nasal swelling and blackening of the eyes.

Because the nose is the most prominent part of the face, rhinoplasty (nose job) can produce dramatic results. The goal of this procedure is to make the nose harmonious with the other facial features. This means that while you may want a nose like Angelina Jolie's, that nose may not suit your face, or may not even be possible considering your bone structure. This does not mean you won't get a highly satisfying result. However, it's important to remember the surgeon must consider the face as a whole.

Rhinoplasty can also be used to treat symptoms of nasal obstruction, including a deviated septum. In these cases, the patient's insurance will sometimes pay for part of the procedure.