

## Health Info to know with Dr. Joe

*Expert advice with Head and Neck surgeon and  
University of Florida Associate Professor, Dr. Joe Parell.  
Dr. Parell is board certified in Otolaryngology and  
board certified in Facial Plastic Surgery.*

**Q: Doctor, I am uncomfortable with a diagnosis I received from my doctor, and I am considering getting a second opinion. Do you advise patient who are unsure about a diagnosis to get another opinion?**

**A:** Any patient who does not have complete confidence in me is more likely to question the results of procedures I may perform on them. I encourage patients to let me know up front if they are uncomfortable with my recommendations. I am more than happy to help them get a second opinion from another otolaryngologist. If it is a simple problem, I will recommend another local otolaryngologist. If it is complicated, I will recommend a physician at the University of Florida. In either case, I will offer to make an appointment for them.